3 Day Striders walk Oct. 2026 Three Rivers Walk

Duwamish, Green and Black River Loop

Start at Foster Golf Links Public golf course *** Bathrooms**

L onto Interurban Ave S. L walking behind the Dept of Natural Recourses building and through the parking lots in front of The Great American Casino and Riverside Casino.

Enter the Green River Trail and follow the trail crossing the bridge over the river *** Sandy Talks.**

Enter Lake to Sound Trail *** Sandy Talks**

Follow Lake to Sound Trail. Cross Monster Rd**. *Flag**

Cross Bridge and turn R continue Lake to Sound Trail.

Exit trail past the parking lot Enter Habitat for Humanity Building * Bathroom

L on Sidewalk of Naches Ave SW

R on SW 7th St. Cross SW 7th St. *** Flag**

Cross Oakesdale Ave SW *** Flag**

Turn R and enter Springbrook Trail, the trail splits go on the uphill trail

L on Trail at Waterworks Garden sign. Curve L on the trail to view the artwork.

L on sidewalk exiting the Waterwork Garden walking on Monster Rd. SW turning into Jackson Pl SW.

L onto Longacres Dr. SW *** Flag**

L on SW Grady Way *** Loud and busy St.**

R off SW Grady Way, cut across the parking lot and walk between the hotel and Subway.

There is an entrance onto Interurban Trail. Turn L and go across the river on the Pedestrian bridge.

Turn R at end of the bridge onto the Green River Trail, cross another bridge and enter Starfire Sports. *** Lunch and Bathrooms**

Exit Starfire Sports onto Green River Trail exit the trail. R on Interurban Ave S. using the parking lots to decrease the traffic noise. *** Bathroom break at Foster Golf Club if needed.**

Continue Interurban Ave S Heading N. *** Stop at Foster Memorial**

Turn R entering the Green River Trail, walking under I-5 along the river.

Exit off the trail R over Allentown Bridge enter Tukwila Community Center *** Bathrooms**

Exit the Community Center.

R on 124th St.

R on 46th Ave S

L on 125th St

R on 50th Pl S *** Stay on the R side of the Road by the river under I-5**

R at 56th Ave S *** The first street by the Duwamish River**

L on Interurban Ave S.

Enter Foster Golf Links *** Happy Hour**